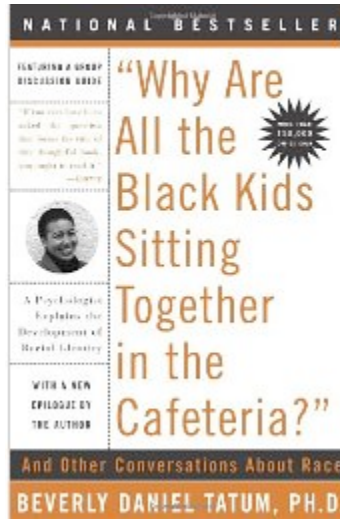


**Racism And Racial Identity: Reflections on Urban Practice in Mental Health And Social Services  
By Lisa V., Ph.d. Blitz (Editor), Mary Pender Greene (Editor)**

Help rid social work practice and service delivery of all traces of racism. Racism and Racial Identity captures the insights and struggles of social work practitioners joined together in their efforts to rid the mental health and social services field of embedded bias and racism. This powerful book examines the emotional and psychological impact of racism, culture and identity within the context of racism, and racial identity in treatment. The book's contributors address the "invisible" aspects of racism (stress, abuse, and trauma), social functioning, domestic violence, and foster care, with a special focus on women and West Indian, Afro-Caribbean, and Mexican clients. Each chapter of Racism and Racial Identity examines a different facet of the impact of race and racism on psychotherapeutic work, emotional healing, and service delivery.

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**Why Are All The Black Kids Sitting Together in the Cafeteria?" A Psychologist Explains the Development of Racial Identity**  
**By Beverly Daniel Tatum**

Walk into any racially mixed high school and you will see black youth seated together in the cafeteria. Of course, it's not just the black kids sitting together-the white, Latino, Asian Pacific, and, in some regions, American Indian youth are clustered in their own groups, too. The same phenomenon can be observed in college dining halls, faculty lounges, and corporate cafeterias. What is going on here? Is this self-segregation a problem we should try to fix, or a coping strategy we should support? How can we get past our reluctance to talk about racial issues to even discuss it? And what about all the other questions we and our children have about race? Beverly Daniel Tatum, a renowned authority on the psychology of racism, asserts that we do not know how to talk about our racial differences: Whites are afraid of using the wrong words and being perceived as "racist" while parents of color are afraid of exposing their children to painful racial realities too soon. Using real-life examples and the latest research, Tatum presents strong evidence that straight talk about our racial identities-whatever they may be-is essential if we are serious about facilitating communication across racial and ethnic divides. We have waited far too long to begin our conversations about race. This remarkable book, infused with great wisdom and humanity, has already helped hundreds of thousands of readers figure out where to start.

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