

# ***Ally Check List***

- Allies know that it is not sufficient to be liberal.
- Be Loud and Crazy so Black Folks won't have to be! **Speak Up!**
- Do not tell anyone in any oppressed group to be patient.
- **Recognize** the new racism, the new sexism, the old homophobia. **It is institutional and structural!**
- When called out about your racism, sexism or homophobia, don't cower in embarrassment, don't cry, and don't silently think "she's crazy" and vow never to interact with her again.
- Allies actively support alternative possibilities.