# Create a Fair, Welcoming and Respectful Work Culture



# We're MPG Consulting

MPG Consulting (MPGC) is a consulting group that is committed to assisting organizations foster a welcoming and respectful work atmosphere that supports all individuals in the pursuit of their maximum potential and in achieving the utmost benefits for their clients. Our team is comprised of social workers, business experts, educators, restorative justice practitioners, attorneys, mediators, psychologists, psychiatrists, researchers, and community organizers.

### Team Building & Staff Development

Underperformance | Low Morale | Building Relationships | Reducing Role Ambiguity | Absenteeism

MPGC helps work groups evolve into more cohesive units, strengthening communication and collaboration across departments. Our approach fosters commitment and connection, ensuring teams work together, while enhancing trust and supporting one another, including having respect for individual differences. By building bridges within organizations, we create a foundation for stronger connections that lead to improved team relations and overall workplace success.

### Career & Executive Coaching

#### Building Community Partnerships | Burnout | Accountability & Boundary Setting | Navigating Change

Our coaches work with executives and leadership teams as thought partners, helping them to define goals, communicate clearly, meet challenges, navigate change, manage stress, overcome obstacles, and create a culture of high performance. Coaches offer tools and strategies across several key domains, including goal setting and accountability, setting boundaries, preventing burnout, developing self-care routines and strengthening relationships with others, including colleagues, supervisees, executive teams and boards.

## Certified

The New York State Education Department recognizes MPG Consulting as an approved provider of continuing education credits for: LCSWs, LMSWs, LCATs, LMHCs, LMFTs, Psychologists and Psychoanalysts.

MPGC is certified in New York City and New York State as an M/WBE.





A NYC & NYS certified: M/WBE



212.245.2510 | Mary@mpgconsultingnyc.com www.marypendergreene.com